

Coronavirus vaccine for children and young people aged 12 to 17.



This information is for children and young people and their families and carers.



It is about coronavirus, also known as Covid-19 and the vaccine.



Coronavirus is an illness that can make you poorly.



Most children and young people won't have any symptoms or feel very poorly if they get coronavirus.



If you catch coronavirus, you might feel like you have a bad cold.



A very small number of children and young people might have to go to hospital.



The vaccine will help protect you from getting very poorly from coronavirus.



All 12-17 year olds should get the coronavirus vaccine.

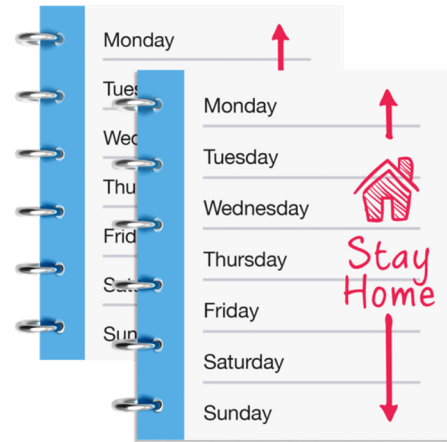


This includes children and young people with underlying health conditions.



You should not go for your vaccine if you:

Are staying at home because you have been around someone who has coronavirus.



Think you might have coronavirus and are waiting for a test.

If you have had a positive test for coronavirus, you should wait 12 weeks until your vaccine.



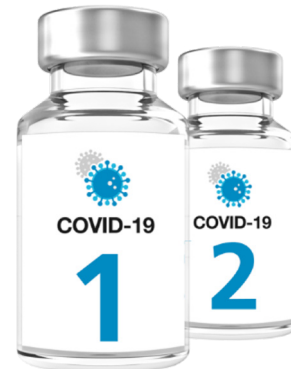
Are feeling poorly, or if you are feeling different to how you usually feel.



About the vaccine

Everyone aged 12-15 will be offered 1 vaccine.

Young people aged 16 and 17 are being offered 2 doses, 12 weeks apart.



Some other young people are being offered 2 doses if they are more likely to get poorly from coronavirus or live with someone who is. If you need 2 doses, the second vaccine will be offered at least 8 weeks after your first vaccine.



The vaccine has been tested by lots of people who have made sure that it is safe.



The vaccine will help to stop you getting as poorly if you get coronavirus.



How will I get my vaccine?

Most children and young people will be offered one dose of vaccine at school.

If you need a second dose, your GP will tell you when and where to go.



When you go for your vaccine

You can talk to the nurse or doctor about any support that will help make it easier for you.

This is sometimes called reasonable adjustments.

Your family member can support you to do this or do it for you.



If you or your parent or carer are worried about you having the vaccine, you can talk to your doctor or school nurse.



When you have had your vaccine, you should be given a card which can be used to show people you have had your vaccine.

Don't forget your
COVID-19 vaccination



Make sure you keep this record card with you

For more information on the COVID-19 vaccination or what to do after your vaccination, see www.nidirect.gov.uk/covid-vaccine



COVID-19 immunisation
Protect yourself.



Keep your card somewhere safe.

If you lose your card after your first vaccine, you will still be able to get a second vaccine if you need it.

They will give you another card when you get your second vaccine.



It takes about 2 weeks for the vaccine to start working and help protect you from coronavirus.



After having the vaccine

Your arm might feel heavy or sore



Your body might ache



You might feel like you have a cold or the flu



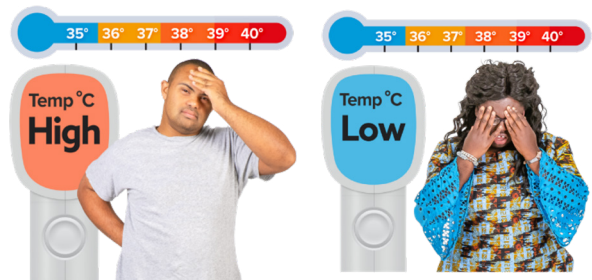
You might have a headache



You might feel tired



You might feel very hot or very cold



If you feel poorly, you can:

Rest



Ask your parent or carer to give you some painkillers like paracetamol

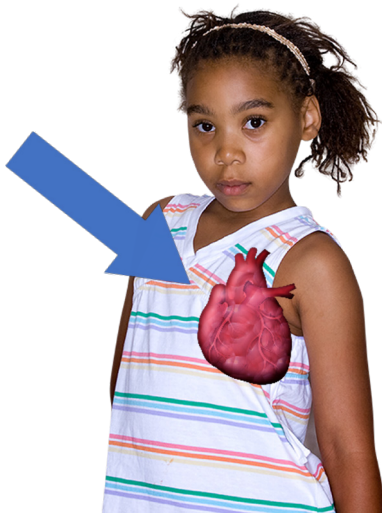


You should feel better in a few days



A very small number of people may get:

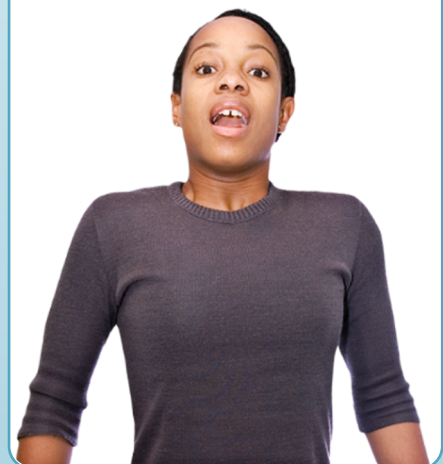
Problems with their heart. This can feel like your heart is beating in a different way than usual



Pain in their chest



Breathing problems (finding it hard to breath)



If you think there is a problem with your heart or breathing, you can ring 999.

Or tell your parent or carer and they can ring 999 for you.



You can also ring your GP or Out of Hours service if you are not sure what help you need.

They will tell you what to do.

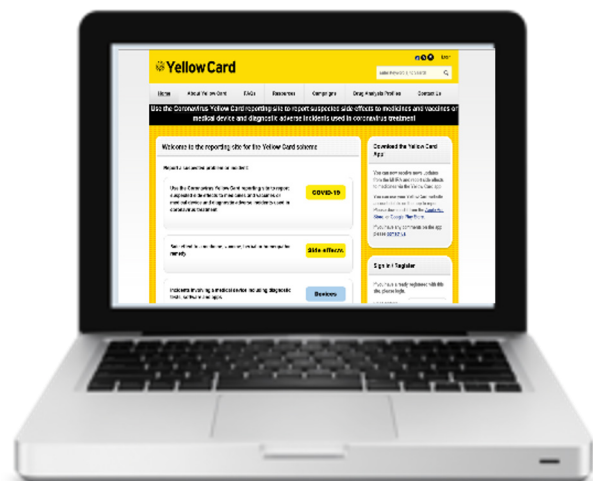
If it is an emergency, they will be able to send an ambulance.



If you feel poorly after your vaccine, your parent or carer can report it using the yellow card website

yellowcard.mhra.gov.uk/

This helps find out how different people feel after the vaccine and makes sure the vaccine helps keep people safe.



Things you can do to keep protecting yourself from coronavirus

Wash your hands or use hand sanitiser lots. This is important when you are out and when you have just come home.



If you can wear a mask, it can help keep you and other people safe.



If you are meeting people who do not live with you, try to meet them outside.

There is much less chance of getting coronavirus outside.



If you do meet people inside, have doors and windows open so that there is more air coming in.



More information

www.nidirect.gov.uk/covid-vaccine



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